

Have You Nasal Catarrh?



S. B. HARTMAN, M.D.
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Can you breathe through your nose? I mean, can you breathe freely through each nostril? If not, do you know what the reason is? It is nasal catarrh.

It may not be a very advanced case. You may not have thought of catarrh, or given the matter very much heed in any way. But if you find that you can not breathe freely through each nostril, be sure there is something wrong. Nature intended you to breathe through the nostrils. Both nostrils.

Try first one, then the other. Every morning when you get up practice deep breathing through the nostrils. Put your finger on one nostril and hold it tight while you breathe through the other. Backwards and forwards, do this.

At the same time you should take Peruna. The dose on the bottle is one tablespoonful. You had better make it three teaspoonfuls. The reason why I direct this is because I want you to take a teaspoonful of the Peruna and as you swallow it down breathe the fumes of it out through the nose. Then the next teaspoonful do the same thing, and so on until the three teaspoonfuls are taken. This, however, is after you have thoroughly cleansed your nose by deep breathing.

While you are practicing the deep breathing you may sniff up the nose a little salt water. A teaspoonful to the quart of warm water.

But after you have thoroughly cleansed your nose then take the Peruna as above directed. Do not put it off. Do it now. Do it before your nose gets bad. If only one nostril is partially stopped now it will not remain so long. It will stop up entirely. The other will be stopped, too. Begin now. No. 55. (Advertisement.)

SUES THIS WEEK FOR ECCLES ESTATE SHARE

(Continued from Page One.)

Lake last December. Death came as he was hurrying to catch a train for Ogden, and was due to heart failure. Half an hour before his death Mr. Eccles visited Mrs. Geddes at her home on Twelfth South street.

Mr. Eccles left no will and the division of the estate will have to be made in probate court. The legal widow of Mr. Eccles is Mrs. Bertha Eccles of Ogden. Mrs. Ellen Eccles of Logan was an acknowledged plural wife of Mr. Eccles. In the Ogden family there are twelve children and in the Logan family nine.

Recently a petition was filed in the Second district court asking that the estate of Mr. Eccles be admitted to probate. In this petition it was stated that Mr. Eccles, besides his widow, left twenty-one legal heirs, the names of the twenty-one children being set forth in the petition. No mention was made of Albert Geddes in the petition. The petition estimated the value of the Eccles estate at four and one-half millions of dollars. However, private estimates placed the value of the estate anywhere between \$7,000,000 and \$20,000,000. David C. Eccles, eldest son of the late millionaire, has been named as administrator.

Began to Investigate.

Soon after the death of Mr. Eccles, Mrs. Geddes began an investigation as to whether or not any provision had been made by Mr. Eccles for the support of Albert Geddes. She learned that a block of stock in the Oregon Lumber company, of which Mr. Eccles was the heaviest stockholder, had been set aside for Mrs. Ellen Eccles of Logan, the plural wife of Mr. Eccles, who would have no right to inherit any of his property, except by an express provision in a will. Mrs. Geddes apparently thought that like provision had been made for her and was for recognition company asking whether or not such was the case. She was told that no such provision had been made for her.

Mrs. Geddes, who has been a member of the Mormon church all her life, then consulted the church authorities relative to the matter. From a high authority in the church it is learned that Mrs. Geddes bases her claim to a share in the estate solely on the ground that Mr. Eccles is the father of the boy and does not try to establish the fact that she was a plural wife of Mr. Eccles. The claim of Mrs. Geddes was considered by the first presidency of the Mormon church and several meetings of the church authorities and representatives of the Eccles heirs were held. It is understood that no satisfactory agreement resulted.

Has Been Reticent.

Since Mr. Eccles' death Mrs. Geddes has been reticent with reference to the matter. She declines to make any positive assertions relative to the basis for her claim in behalf of her son against the Eccles estate, but apparently desires to leave an implied impression that she was a plural wife of the late capitalist. She indicates that within a short time her contention will be made public through official channels. Mrs. Geddes was not at her home last night. Neighbors said that Mrs. Geddes had been out of town several days the early part of the week, but had now returned and was somewhere in the city, though not at her home.

While the nature of the suit to establish the claim of Mrs. Geddes to the estate has not been determined upon, it is believed that the proceeding will take the form of an attempt to compel the inclusion of the Geddes boy with

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Most people do not realize the prevalence and alarming increase of kidney disease. When the kidneys are diseased the urine acid is not carried off, causing gout, lumbago and rheumatism. Warner's Safe Kidney and Liver Remedy possesses remarkable remedial qualities. It is pleasant to take. Sold every where in 50 cent and \$1.00 sizes. Write for free sample to the Warner's Safe Remedies Co., Dept. 399, Rochester, N. Y. (Advertisement.)

Kidney Poisoning

"I was ill and miserable for months with backache, sick headache, dizziness, rheumatism, pains and neuralgia. I had kidney and bladder trouble. After taking other medicines with little or no relief I tried Warner's Safe Kidney and Liver Remedy. The urinary disorders and pains disappeared and my health and strength returned. Six bottles effected a complete cure."—Mrs. L. Clifford Figg, 1449 Dahm St., Chicago, Ill.

CASHIER KILLED BY KANSAS ROBBER

BARNES, Kan., March 29.—Robert I. Brown, cashier of the Barnes State bank, was shot and killed today by a man who had robbed the institution. Later a posse of citizens shot the robber to death as he was trying to escape from town with a bag of gold. Brown met death when, instead of obeying the order to throw up his hands, he grabbed a revolver and fired at the robber.

Brown was at the counter counting money when he was confronted by a masked man pointing two revolvers at him.

"Put 'em up," was the robber's command.

Brown, instead, ducked, reached into a drawer, got his revolver and had emptied it without effect in the robber's direction before a bullet through the head killed him.

John Potter, assistant cashier, appeared at the bank door and was met by two bullets from the robber's revolver, neither of which struck him. "You better not get in this," sneered the robber, who kept Potter covered while he gathered into a bag \$800 in gold that had been spread before Brown on the counter. He then left the bank on the run. Citizens, alarmed by the sound of shots, were in pursuit before he had covered a block.

Within three blocks of the bank he fell before a volley of bullets, still clutching the bag of gold in his hands. He died within a few minutes.

The robber could not be identified. He apparently was about 35 years old and is believed to have been a member of the Wymore gang of bank robbers that has robbed a number of banks along the Nebraska-Kansas line within the last few years.

Brown was 40 years old. He leaves a widow and three children.

MRS. C. A. WALKER IS FATALLY INJURED

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brother, who is in a sanitarium there. Later she was joined by her husband, who had been on a business trip east. Mr. and Mrs. Walker had expected to return to Salt Lake this week. The members of the family here did not know of the accident until informed by The Tribune.

ANOTHER STORY OF THE HOLDUP

By International News Service.

LOS ANGELES, March 29.—Mrs. C. A. Walker, wife of a millionaire banker of Salt Lake City, was perhaps fatally injured tonight when in trying to run down a highwayman attempting to hold up an automobile party, the chauffeur, Robert Smith, dashed his car into the end of the Tropico bridge on the Los Feliz road, hurling the woman twenty feet to the bottom of the river bed. Bridge and machine were wrecked.

The bandit, only grazed by the heavy car, picked himself up and tried to run away with a companion, but was soon overtaken by officers and sent to the Los Angeles city jail, where he gave the name of Charles Bell. Neither Mr. Walker nor Mr. and Mrs. R. E. Wells, who formed the remainder of the party, were injured.

Mrs. Walker, who sat in the rear seat on the left side was tossed clear over the heads of her companions. One of her arms and two of her ribs were broken and she sustained other injuries that make her recovery well nigh impossible. She was conveyed to the Glendale sanitarium, where physicians are attending her.

CLOGGED NOSTRILS OPEN AT ONCE. HEAD COLDS AND CATARRH VANISH

In One Minute Your Stuffy Nose and Head Clears, Sneezing and Nose Running Cease, Dull Headache Goes.

Try "Ely's Cream Balm."

Get a small bottle anyway, just to try it—Apply a little in the nostrils and instantly your clogged nose and stopped-up air passages of the head will open; you will breathe freely; dullness and headache disappear. By morning the catarrh, cold in head or catarrhal sore throat will be gone.

End such misery now! Get the small bottle of "Ely's Cream Balm" at any drug store. This sweet, fragrant balm

dissolves by the heat of the nostrils; penetrates and heals the inflamed, swollen membrane which lines the nose, head and throat; clears the air passages; stops nasty discharges and a feeling of clogging; soothing relief comes immediately.

Don't lay awake tonight struggling for breath, with head stuffed; nostrils closed, hawking and blowing. Catarrh or a cold, with its running nose, four mucous droppings into the throat, and raw dryness is distressing but truly needless.

Put your faith—just once—in "Ely's Cream Balm" and your cold or catarrh will surely disappear. (Advertisement.)

OJEDA CUTS HIS WAY THROUGH THE ENEMY

Mexican Commander Returns to Border Town of Naco; Obregon Not to Attack.

NACO, Ariz., March 29.—General Pedro Ojeda and his 400 federal soldiers, who were surrounded and attacked by 1000 state troops below the border yesterday, arrived at Naco, Sonora, today, having cut their way through the constitutionalist lines and escaped. Ojeda left several days ago with the avowed intention of relieving the federal garrison at Cananea. The surrender of Cananea frustrated this plan and left Ojeda to make his way back to his headquarters as best he might.

In yesterday's fighting below the border the federals lost five killed and three wounded, while the state forces lost three killed and twelve wounded. The wounded were taken to Douglas.

General Alvaro Obregon of the insurgents has ordered that no attack be made on Naco until it may be done with the least danger to American citizens and soldiers on the Arizona side. A strong patrol of the Fifth and Ninth United States cavalry is drawn up here.

EL PASO, Tex., March 29.—The American mining settlements about Parral, Chihuahua, today are cut off entirely from railway or telegraphic communication with the United States or the interior of Mexico. Chihuahua constitutionalists cut the American Central railway below Chihuahua City. The road previously had been cut below Torreón.

EL PASO, Tex., March 29.—The constitutional movement against the Huerta national government will be launched formally at a conference of the Mexican insurgents at Hermosillo, Sonora, on April 15. It is planned to hold a congress of rebel agents from Chihuahua, Coahuila, Sinaloa, Tepic and Sonora, as well as from other states where the movement is not so firmly established.

Among the matters to be taken up at the projected convention will be the discussion of actual secession or the establishing of a provisional government merely until the movement should gain general force. Rafael Hernandez, a former Madero cabinet member, is mentioned most persistently as a provisional presidential possibility. Senor Hernandez is a refugee in New York city.

A secret agent was here today meeting representatives of the movement in Sonora, where the state is practically controlled by insurgent state troops. He came from Coahuila, representing Governor Carranza, whose troops are now engaged in combatting the Huerta military in the eastern border state. Negotiations also have been taken up with the constitutionalists, who continue to harass the federals in southern Chihuahua, keeping closed all traffic to the interior of the republic.

NOGALES, Ariz., March 29.—No United

Best-Carter's Factory-Cheapest



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Ostrich Plumes Cleaned, Curled, Dyed.

States mail was rifled by state authorities in Sonora, according to an investigation made by Postmaster C. L. Fowler. The local consular agent for the Huerta government alone was responsible for the report. All outgoing United States mail has been held here by orders from Washington. A few letters of incoming Mexican mail had been opened and were refused by the postmaster.

Benefit Show at Maxim's.

Next Thursday night, Manager E. L. While will give a benefit cabaret show in the Maxim cafe for the relief of the Ohio flood sufferers. Acts from the various local theaters will be offered to the donors during the late evening hours.

Dance at Saltair Friday night. Trains at 7:45 at 8:15. Fare 25c. (Advertisement.)

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Commencing Tomorrow and Continuing All This Week

Sale of Canned Goods

A most opportune economy event for thousands of saving housekeepers. Buy a month's supply—buy a week's supply—but buy—the pennies, nickels and dimes that you'll save in this sale will soon run up into dollars.

EXTRA SPECIAL THIS WEEK
IDAHO HIGH-PATENT FLOUR
48-LB. BAG SPECIAL \$1.16

We find it difficult at times to supply the ever-increasing demand for this splendid flour. Hundreds of our regular patrons are loud in their praise of IDAHO HIGH PATENT. It's a flour of most exceptional merit. Commencing tomorrow we offer a new earload lot—very special—at \$1.16 for a 48-lb. bag.

EXTRA SPECIAL THIS WEEK
A REGULAR
45c Coffee 33c

Our regular 40c coffee equal to the best canister coffee anywhere. This coffee is sold in bulk, eliminating extra cost of can or labels. It's a delightful and most appetizing blend. A fresh shipment just received from the roasters will be offered commencing tomorrow. Exceptional special value at 33c pound.

EXTRA SPECIAL THIS WEEK
Choicest White Potatoes 39c

A 60-LB. BUSHEL AT BUSHEL.

15c Woods Cross Asparagus, can 10c

20c "FERNDELL" STRING BEANS, can...	16c	20c "FERNDELL" SWEET POTATOES, can...	16c
25c "FERNDELL" SUPERFINE PEAS, can...	19c	35c FIRST-CHOICE MUSHROOMS, can....	28c
15c "FERNDELL" RED KIDNEY BEANS, can...	12c	12 1/2c "STAR" EARLY JUNE PEAS, can.....	11c

20c "Stella" EGG PLUMS can 13c

30c "STELLA" BLACK CHERRIES, can...	24c	30c "HUNT'S" PITTED CHERRIES, can...	26c
25c "STELLA" BARTLETT PEARS, can...	20c	35c "HUNT'S" SUPREME PEACHES, can.....	29c
20c "STELLA" GREEN GAGE PLUMS, can...	13c	35c TEXAS FIGS, special, can.....	28c

20c Ferndell Corn, can 15c

15c "COUNTRY GENTLEMAN" CORN, can...	11c	12 1/2c UTAH PUMPKIN, can...	10c
25c CODFISH BALLS, can...	21c	20c "FERNDELL" PUMPKIN, can.....	17c
20c "STAR" SIFTED PEAS, can...	14c	20c "FERNDELL" SQUASH, can.....	17c
25c "FERNDELL" BEETS, can...	19c	12 1/2c "PIERCE" HOMINY, can.....	10c
12 1/2c SAUER-KRAUT, can...	10c	20c "FERNDELL" SUCCATASH, can.....	16c

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